

# DIABETES, HEALTHY FEET AND YOU



Monday December 12, 2022

1:00pm-2:30pm

Free workshop

Online via Zoom

Developed by Wounds Canada, this educational workshop helps you learn how to enjoy an active life, keep your feet healthy and prevent foot complications through good diabetic foot care practices.

**This workshop will provide you with:**

- A list of questions to ask your healthcare provider
- A shoe fitting guide
- A workbook and resources to help with managing foot care and selecting proper footwear

**To Register or more Information:**



1-844-643-7393 (Toll-Free)



[cdsm@williamoslerhs.ca](mailto:cdsm@williamoslerhs.ca)

\*Note: This is an educational workshop and does not replace the advice of your healthcare provider.

