



Getting the **MOST** *from your* **HEALTHCARE** **APPOINTMENT®**

This interactive workshop focuses on what to do before, during, and after an appointment, preparing and empowering individuals to communicate more effectively with their health care provider.

Interested in attending? Join us for our next session:

Date: Wednesday December 14, 2022

Time: 1:00 pm – 2:00 pm

Location: Online via Zoom

For More Information and to Register:

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