

FOOD AND FRIENDS: 55+ SOCIAL BREAKFAST PROGRAM

Join us for a **FREE** breakfast, connect with fellow older adults, and enjoy a welcoming space where you can make new friends, share stories, and build community.

When: Friday mornings from 9:30 – 11:30 a.m. Please see reverse for schedule details.

Where: Town Hall Café | 6311 Old Church Road, Caledon East

Registration is required.

Register and learn more at caledon.ca/adult55 or call 311.



This initiative is supported by the **New Horizons for Seniors Program**, strengthening communities and enriching the lives of older adults.



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Schedule

Session 1

Registration opens May 12.
Register by July 4!

July 11, 2025
July 18, 2025
July 25, 2025
August 1, 2025
August 8, 2025
August 15, 2025

Session 3

Registration opens December 1.
Register by January 2!

January 9, 2026
January 16, 2026
January 23, 2026
January 30, 2026
February 6, 2026
February 13, 2026
February 20, 2026
February 27, 2026
March 6, 2026
March 13, 2026

Session 2

Registration opens August 15.
Register by September 5!

September 12, 2025
September 19, 2025
September 26, 2025
October 3, 2025
October 10, 2025
October 17, 2025
October 24, 2025
October 31, 2025
November 7, 2025
November 14, 2025



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