Town of Caledon Events Calendar

Tuesday, February 1, 2022

CSC - Classic Cafe - Caledon Village

Date and Time: Tuesday, February 1 11:00 am - 2:00 pm

Address: 181313 Hwy 10

The Classic Cafe Program is held once a month in Caledon Village.

For more information, guest speakers and to register please contact Leah at 905-951-6114 or 905-586-6114 ce ll phone. Email csc.satellite2018@gmail.com or drop by and say hello when we are in your neighbourhood.

Membership Fee is waived for 2021.

Programing fee is \$ 3.00 per program.

Lunch cost \$ 6.00 Costs

Wednesday, February 2, 2022

Caledon East Seniors Euchre

Date and Time: Wednesday, February 2 1:00 pm - 4:00 pm

Address: 15430 Innis Lake Rd, Caledon East, ON L7C 2Z1

Join us at the Royal Ambassador every Wednesday afternoon at 1pm for Euchre.

Truly a social gathering for fun and enjoyment. Everyone is Welcome.

Call Kay @ 905-951-9376 or Alex @ 905-584-0591 for details.

ACHILL CHORAL SOCIETY WELCOMES NEW MEMBERS

Date and Time: Wednesday, February 2 7:00 pm - 8:30 pm

Address: Virtual

Achill is looking for new choristers. Beginning on *January 12*, our rehearsals will take place on Zoom *every Wednesday from 7:00 to 8:30 p.m.* People are welcome to join in any Wednesday evening until the end of the season.

Led by our Artistic Director Shawn Grenke and Collaborative Pianist Nancy Sicsic, we will be focusing on sing

ing uplifting and fun pieces. For Zoom rehearsals there are no fees or auditions. For further information please visit our website at **achill.ca** and email *info@achill.ca*

Thursday, February 3, 2022

CSC - Classic Cafe Program - Inglewood

Date and Time: Thursday, February 3 11:00 am - 2:00 pm

Address: 15825 McLaughlin Rd, Inglewood, ON L7C 1H4

The Classic Cafe Program is held once a month in Inglewood.

For more information, guest speakers and to register please contact Leah at 905-951-6114 or 905-586-6114 ce ll phone. Email csc.satellite2018@gmail.com or drop by and say hello when we are in your neighbourhood.

Membership Fee is waived for 2021.

Programing fee is \$ 3.00 per program.

Lunch cost \$ 6.00 Costs

CPL: TRCA Presents The Life of Bees

Date and Time: Thursday, February 3 6:30 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Join Toronto and Region Conservation Authority (TRCA) and discover the diversity of native bees! Learn how to tell a bee from a wasp, and how to identify common bumble bees in the Greater Toronto Area.

Monday, February 7, 2022

Nurturing Healthy Relationships in Our Golden Years - Virtual Series

Date and Time: Monday, February 7 11:00 am - 12:00 pm

Address: 6311 Old Church Rd.

Community Circle invites you to join the virtual webinars with Elder Abuse Prevention Ontario: "Nurturing H ealthy Relationships in Our Golden Years" series from November 2021 to February 2022. These webinars will provide helpful information to support seniors. Please click on the Eventbrite link below for more information and to register for the event. Each even must be registered separately.

Upcoming series:

• Monday 1 November 2021- 11:00 AM TO 12:00 PM EDT – Introduction to the forms of abuse and neglect, and how to help an older relative or friend facing abuse or neglect (in the jurisdictional context of Ontario, Canada)

https://www.eventbrite.ca/e/how-to-help-an-older-relative-or-friend-facing-abuse-or-neglect-by-eapotickets-197012990157

• Monday 15 November 2021 - 11:00 AM TO 12:00 PM EDT – Protecting ourselves from Powers of Attorney abuse (covering Ontario legislation on Powers of Attorney for Property and for Personal Care)

Please click below to register:

https://www.eventbrite.ca/e/protecting-ourselves-from-powers-of-attorney-abuse-by-eapo-tickets-197020291997

• Monday 6 December 2021 – 11:00 AM TO 12:00 PM EDT – Handling Emotional Abuse including psychological and verbal abuse

Please click below to register:

https://www.eventbrite.ca/e/handling-emotional-abuse-including-psychological-and-verbal-abuse-by-eapo-tickets-197022358177

• Monday 13 December 2021 – 11:00 AM TO 12:00 PM EDT – Understanding financial abuse by family members: protecting and responding to abusive situations

Please click below to register:

https://www.eventbrite.ca/e/understanding-financial-abuse-by-family-members-by-eapo-tickets-197024193667

• Monday 17 January 2022 – 11:00 AM TO 12:00 PM EDT – Healthy communication with family and friends as we grow older

Please click below to register:

https://www.eventbrite.ca/e/healthy-communication-with-family-and-friends-as-we-grow-older-tickets-197024925857

• Monday 7 February 2022 –11:00 AM TO 12:00 PM EDT – Finding meaning in life in our golden years (interactive discussion)

Please click below to register:

https://www.eventbrite.ca/e/finding-meaning-in-life-in-our-golden-years-interactive-discussion-tickets-197025 658047

Peel Housing Home Share

Date and Time: Monday, February 7 11:00 am - 1:00 pm

Address: Caledon East Masonic Hall 6028 Old Church Rd.

Caitlin Olson of Peel Home Share is joining us to talk about this new home sharing program. This program is f or those who have an extra bedroom and want to provide it to a student. The student then completes tasks aroun d the home instead of paying rent.

CSC - Satellite Program - Classic Cafe Speaker Searies

Date and Time: Monday, February 7 11:30 am - 12:30 pm

Address: 7 Rotarian Way, Bolton, Ontario, L7E 1Y2

- Classic Cafe Speaker Series Program Held once a month in four neighbourhoods!
- Feb. 7 Caledon East Caitlin Olson from Canada HomeShare Peel

Feb. 8 - Caledon Village - Kate Hepburn C.V.A

Feb. 9 - Alton - Gary Hall, Photographer

For more information or to register for the programs please contact Leah at 905-951-6114 or 905-586-6114 o r email <u>csc.satellite2018@gmail.com</u>

Tuesday, February 8, 2022

CSC - Satellite Program - Classic Cafe Speaker Searies

Date and Time: Tuesday, February 8 11:30 am - 12:30 pm

Address: 7 Rotarian Way, Bolton, Ontario, L7E 1Y2

Classic Cafe Speaker Series Program - Held once a month in four neighbourhoods!

Feb. 7 - Caledon East - Caitlin Olson from Canada HomeShare Peel

Feb. 8 - Caledon Village - Kate Hepburn C.V.A

Feb. 9 - Alton - Gary Hall, Photographer

For more information or to register for the programs please contact Leah at 905-951-6114 or 905-586-6114 o r email <u>csc.satellite2018@gmail.com</u>

CPL: Stuck in a Negative Headspace

Date and Time: Tuesday, February 8 2:00 pm Address: 150 Queen Street South, Bolton, ON L7E 1E3 Join <u>Bethell Hospice</u> for an informative and supportive discussion about illness-related anxiety and depression. Going through an illness experience can be a significant stressor. Feelings of worry, apprehension, dread, sadnes s and hopelessness are common during these times. The good news is that there are many strategies you can use to help reduce symptoms of anxiety and depression. Join us for an interactive hour of learning. Participants will gain a better understanding of what anxiety and depression are, how they each present during times of illness rel ated stressors, and how to cope in a healthy way.

CPL: Chocolate Science (Virtual)

Date and Time: Tuesday, February 8 4:30 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Learn the science behind chocolate before designing your very own chocolate bar! Allergy Alert! Registrants wi ll will be provided a Zoom link via a confirmation email (provided at time of registration). Kit pick up details will be emailed to registrants.

Public Meeting: 15728 Airport Road

Date and Time: Tuesday, February 8 7:00 pm

Address: N/A - this is a virtual meeting

A Public Meeting will be held to consider the proposed Official Plan Amendment and Zoning By-law Amendm ent applications. Your input and insight will inform and shape plans that meet the needs of our community.

Due to continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

Meeting date: February 8, 2022 | Meeting start time: 7 p.m.

For more details

Wednesday, February 9, 2022

Building Caregiver Capacity - Virtual Collaborative Meeting

Date and Time: Wednesday, February 9 10:30 am - 12:00 pm

Address: 6311 Old Church Rd.

Join local representatives in conversations around what supports and services are needed in the community for unpaid caregivers.

Reserve your spot by emailing adultdayservice@peelregion.ca or calling 905-791-7800 x2174

CSC - Classic Cafe Program - Alton

Date and Time: Wednesday, February 9 11:00 am - 2:00 pm

Address: 35 Station St, Alton, ON L7K 0E2

The Classic Cafe Program is held once a month in Alton.

For more information, guest speakers and to register please contact Leah at 905-951-6114 or 905-586-6114 ce ll phone. Email csc.satellite2018@gmail.com or drop by and say hello when we are in your neighbourhood.

Membership Fee is waived for 2021.

Programing fee is \$ 3.00 per program.

Lunch cost \$ 6.00 Costs

CSC - Satellite Program - Classic Cafe Speaker Searies

Date and Time: Wednesday, February 9 11:30 am - 12:30 pm

Address: 7 Rotarian Way, Bolton, Ontario, L7E 1Y2

Classic Cafe Speaker Series Program - Held once a month in four neighbourhoods!

Feb. 7 - Caledon East - Caitlin Olson from Canada HomeShare Peel

Feb. 8 - Caledon Village - Kate Hepburn C.V.A

Feb. 9 - Alton - Gary Hall, Photographer

For more information or to register for the programs please contact Leah at 905-951-6114 or 905-586-6114 o r email <u>csc.satellite2018@gmail.com</u>

Caledon East Seniors Euchre

Date and Time: Wednesday, February 9 1:00 pm - 4:00 pm

Address: 15430 Innis Lake Rd, Caledon East, ON L7C 2Z1

Join us at the Royal Ambassador every Wednesday afternoon at 1pm for Euchre.

Truly a social gathering for fun and enjoyment. Everyone is Welcome.

Call Kay @ 905-951-9376 or Alex @ 905-584-0591 for details.

CPL: Discover Libby

Date and Time: Wednesday, February 9 7:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

The library's OverDrive collection offers not just ebooks and audiobooks, but also magazines previously availa ble through RBDigital and Kanopy videos. The key to it all is the Libby app. Soon, OverDrive will close out th e old OverDrive app and make Libby the sole app for accessing these collections. If you've been using OverDriv e on your mobile device, or are new to the library's OverDrive collection, join us to learn the ins and outs of Li bby and get ready to make the switch!

ACHILL CHORAL SOCIETY WELCOMES NEW MEMBERS

Date and Time: Wednesday, February 9 7:00 pm - 8:30 pm

Address: Virtual

Achill is looking for new choristers. Beginning on *January 12*, our rehearsals will take place on Zoom *every Wednesday from 7:00 to 8:30 p.m.* People are welcome to join in any Wednesday evening until the end of the season.

Led by our Artistic Director Shawn Grenke and Collaborative Pianist Nancy Sicsic, we will be focusing on sing ing uplifting and fun pieces. For Zoom rehearsals there are no fees or auditions. For further information please visit our website at **achill.ca** and email *info@achill.ca*

Thursday, February 10, 2022

Webinar - Indigenous Older Adults

Date and Time: Thursday, February 10 12:00 pm - 1:00 pm

Address: 6311 Old Church Rd.

In this storytelling-based presentation, participants will have the opportunity to learn about the importance and r oles that elders have in First Nations communities and how these experiences are not reflected in their interacti ons with the healthcare system. The presenter will share stories stemming from his community and personal exp eriences when working and engaging with elders both Indigenous and non-Indigenous and provide recommenda tions that healthcare providers can utilize to enhance the healthcare experience of Indigenous elders.

Register here: https://us06web.zoom.us/webinar/register/WN_Lg2ENe10RvaZhTl0mY6i7g

CPL: Library Living: Chocolate Olympics (Virtual)

Date and Time: Thursday, February 10 2:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

In partnership with Brampton Caledon Community Living, the library is pleased to offer a virtual program desi gned specifically for adults with intellectual disabilities. Grab a red or white shirt and join us as we celebrate all things Olympics and Chocolate!

CPL: Kids on Bikes a DND game for Kids (In-Person)

Date and Time: Thursday, February 10 5:00 pm

Address: Caledon Public LIbrary - Southfields Village Branch 225 Dougall Ave, Caledon, ON L7C 3M7

In Kids on Bikes you will take on the roll of kids on bikes exploring towns and strange places and will be facin g strange, terrifying foes forcing your selected character to band together, use their abilities to stand and overco me whatever lies in your way, or decide to run away as fast as you can! In these mysterious times, be prepared f or anything and everything!

Monday, February 14, 2022

Public Meeting: 1 Victoria Street

Date and Time: Monday, February 14 7:00 pm

Address: N/A - this is a virtual meeting

A Public Meeting will be held to consider the proposed Official Plan Amendment and Zoning By-law Amendm ent applications. Your input and insight will inform and shape plans that meet the needs of our community.

Due to continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

Meeting date: February 14, 2022 | Meeting start time: 7 p.m.

For more information

Tuesday, February 15, 2022

CPL: Teen Café: Art Night (Virtual)

Date and Time: Tuesday, February 15 7:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Pick up one of our kits, grab your favourite hot beverage, and follow along to Live step-by-step instructions to create a wintry work of art! Advanced registration is required. Kit pick up and Zoom details will be emailed to r egistrants once they are available.

Wednesday, February 16, 2022

CPL: Stuck in a Negative Headspace

Date and Time: Wednesday, February 16 11:00 am

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Going through an illness experience can be a significant stressor. Feelings of worry, apprehension, dread, sadne ss and hopelessness are common during these times. The good news is that there are many strategies you can us e to help reduce symptoms of anxiety and depression. Join us for an interactive hour of learning. Participants w ill gain a better understanding of what anxiety and depression are, how they each present during times of illness related stressors, and how to cope in a healthy way.

Ontario Age-Friendly Communities Outreach Program - Webinar Series

Date and Time: Wednesday, February 16 12:00 pm - 1:00 pm

Address: 6311 Old Church Rd.

Exploring the Connection Between Ageism and the Mistreatment of Seniors

Age-Friendly initiatives strive to build communities where seniors live safely, enjoy good health and stay invol ved. Ageism and mistreatment of older adults undermine those efforts, negatively impacting the well-being and inclusion of countless seniors across Ontario.

In this webinar, offered in collaboration with Elder Abuse Prevention Ontario, Dr. David Burnes will highlight his current research which explores the connection between ageism and abuse, with the goal of improving unde rstanding of those "less talked about" factors that can hinder the age-friendliness of our communities.

<u>Register Here</u>

Caledon East Seniors Euchre

Date and Time: Wednesday, February 16 1:00 pm - 4:00 pm

Address: 15430 Innis Lake Rd, Caledon East, ON L7C 2Z1

Join us at the Royal Ambassador every Wednesday afternoon at 1pm for Euchre.

Truly a social gathering for fun and enjoyment. Everyone is Welcome.

Call Kay @ 905-951-9376 or Alex @ 905-584-0591 for details.

ACHILL CHORAL SOCIETY WELCOMES NEW MEMBERS

Date and Time: Wednesday, February 16 7:00 pm - 8:30 pm

Address: Virtual

Achill is looking for new choristers. Beginning on *January 12*, our rehearsals will take place on Zoom *every Wednesday from 7:00 to 8:30 p.m.* People are welcome to join in any Wednesday evening until the end of the season.

Led by our Artistic Director Shawn Grenke and Collaborative Pianist Nancy Sicsic, we will be focusing on sing ing uplifting and fun pieces. For Zoom rehearsals there are no fees or auditions. For further information please

Thursday, February 17, 2022

CPL: Dungeons and Dragons Virtual Gaming Club

Date and Time: Thursday, February 17 5:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Dungeons & Dragons (D&D) is a tabletop role-playing game where players create their own characters and go on adventures. Players communicate and work together to overcome obstacles and advance further in the game, making new friends along the way. For D&D Online, players will use free internet programs to play the game a nd connect with each other in real time, no downloads necessary. A computer with an internet connection is req uired to participate in this program. Registrants will be contacted with details on how to create discord and Rol 120 accounts. You will also receive an invite that will allow you to join our closed groups on Discord and Rol 20.

Tuesday, February 22, 2022

CPL: Tinkercad 3D Design (Virtual)

Date and Time: Tuesday, February 22 4:30 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Join us on Zoom and learn the basic steps towards creating your own 3D design using Tinkercad's free online s oftware!

CPL: nipawistamasowin: We Will Stand Up Film Discussion

Date and Time: Tuesday, February 22 7:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Join us to discuss nipawistamasowin: We Will Stand Up. Watch the movie beforehand and join us for a thought -provoking discussion through Zoom.

Description: The death of a young Cree man, Colten Boushie captures international attention and raises disturbi ng questions about racism in Canada's legal system. Available to stream for free on CBC Gems (hyperlink-https://gem.cbc.ca/media/nipawistamasowin-we-will-stand-up/s01)

Please note film may contain mature subject matters and is intended for an older audience. This workshop is pa rt of Caledon Public Library's year-long Indigenous Series. For more information and resources, please see CP L's Truth and Reconciliation page.

Wednesday, February 23, 2022

Caledon East Seniors Euchre

Date and Time: Wednesday, February 23 1:00 pm - 4:00 pm

Address: 15430 Innis Lake Rd, Caledon East, ON L7C 2Z1

Join us at the Royal Ambassador every Wednesday afternoon at 1pm for Euchre.

Truly a social gathering for fun and enjoyment. Everyone is Welcome.

Call Kay @ 905-951-9376 or Alex @ 905-584-0591 for details.

CPL: Adult Craft Club: DIY Wall Art (In-Person)

Date and Time: Wednesday, February 23 6:30 pm

Address: Caledon Public LIbrary - Southfields Village Branch 225 Dougall Ave, Caledon, ON L7C 3M7

Discover your inner creativity! Join us as we experiment and create with different types of crafts and materials. For this month's craft project, we will learn how to make painted fabric wall art!

ACHILL CHORAL SOCIETY WELCOMES NEW MEMBERS

Date and Time: Wednesday, February 23 7:00 pm - 8:30 pm

Address: Virtual

Achill is looking for new choristers. Beginning on *January 12*, our rehearsals will take place on Zoom *every Wednesday from 7:00 to 8:30 p.m.* People are welcome to join in any Wednesday evening until the end of the season.

Led by our Artistic Director Shawn Grenke and Collaborative Pianist Nancy Sicsic, we will be focusing on sing ing uplifting and fun pieces. For Zoom rehearsals there are no fees or auditions. For further information please visit our website at **achill.ca** and email *info@achill.ca*

Thursday, February 24, 2022

The Ontaro Caregiver Organzation - Healthy Sleep Habits - Virtual

Date and Time: Thursday, February 24 12:00 pm - 1:00 pm

Address: 6311 Old Church Rd.

About this event

Sleep is one of the three main pillars of health. Now, more than ever, we need to be sleeping well to better our i mmune systems and overall health. As caregivers, we often sacrifice sleep to care for others, to worry about our loved ones, and to run through our endless responsibilities. When we value the importance of healthy sleep as we do eating well and physical activity, we can achieve

overall health and wellness that benefits us and our care recipients. When we focus on changing our mindset an d everyday lifestyle habits, we can build a foundation to sleep and feel better. Join this webinar to learn from sle ep expert, Alanna McGinn, about how to incorporate proper sleep hygiene into your daily life, with tips and stra tegies to quiet your mind, shorten sleep onset, and strengthen your relationship with sleep and your bed.

Click Here to register

Saturday, February 26, 2022

Food + Climate: How to eat to save the planet - Workshop #1 - The Big Picture - Virtual

Date and Time: Saturday, February 26 10:00 am - 12:00 pm

Address: 6311 Old Church Rd.

Hosted by EcoCaledon in partnership with the Palgrave United Community Kitchen

What is the dilemma with our food?

The truth is, FOOD - how we produce food, what food we consume, and how much food we waste is a key ingr edient to a healthy planet.

During this first workshop, we will explore the relationship between food and the climate and how our individu al and collective choices impact our "food" footprint. We will then begin the process of RETHINKing our relat ionship with food by introducing the TOP food related climate solutions.

*Refreshments Included. - Ingredients for refreshments will be available for pick-up at the Palgrave United Co mmunity Kitchen during the week of February 20th.

Register Online Here

STAY TUNED... Workshop #2 - From Farm to Fork (March 26, 2022) Workshop #3 - Planetary Health Diet Workshop #4 - What's the BIG Deal about Food Loss and Waste?

Monday, February 28, 2022

CPL: Connecting Caledon Seniors Program (In-Person)

Date and Time: Monday, February 28 2:00 pm

Address: Caledon Public LIbrary - Southfields Village Branch 225 Dougall Ave, Caledon, ON L7C 3M7

The Connecting Caledon Seniors Program is a great way to learn more about technology so that you can connec t with friends and family and use the internet. Register for this four-week program to attend weekly introductor y classes to help you get started with computers and take the Senior Technology Connection kit home with you to practice! The Senior Tech Connection Kits come with a Chromebook laptop, mouse, and a hotspot so that yo u can enjoy a reliable connection to the internet while you learn for the duration of the program. This program i s intended for those 55+ who have minimal experience with or access to computers and technology. The session ns will cover computer basics, including using a mouse, browsing the internet, and Zoom. Participants must be able to attend all four weekly sessions in person. We will be offering two initial sessions: Monday Feb 28-Mon day Mar 21, and Monday Apr 4-Monday May 2 (no class on Easter Monday). Space is limited to 5 attendees and all relevant Covid-19 Health and Safety protocols will be in place.

To register or to see if the program is right for you contact Kelly at 905-857-1400 ext. 218, 437-980-1537, or kdoig@caledon.library.on.ca for more details.

Funding provided by the Government of Ontario.

CPL: Black History in Canada

Date and Time: Monday, February 28 7:00 pm

Address: 150 Queen Street South, Bolton, ON L7E 1E3

Celebrate Black History Month by learning more about Black History in Canada including the Canadian Civil Rights movement.

Join presenter Channon Oyeniran, Vice-President of Ontario Black History Society, as she delves into the rich h istory of Black people in Canada.

Channon Oyeniran is an expressive historian, educator and author, and the founder/director of Oyeniran Educati on Support Services (OyES). An honours graduate, with a Bachelor's degree in History and Caribbean Studies f rom the University of Toronto, a Master's Degree in Slavery Studies from the University of Hull in the UK, a C ertificate in Adult Education from George Brown College and currently undertaking her PhD at Queen's Unive rsity, Channon has expanded her knowledge and information about Black History and the issues that the Black c ommunity faces both locally, here in Canada and internationally. Channon is also the Vice-President for the Ont ario Black History Society, where she helps the organization preserve, celebrate and spread the rich Black Histor ry of Ontario and Canada.

https://calendar.caledon.ca