

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 am Unearth Uncover Art Exhibition 10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church 10:30 am CPL Albion Bolton Community Corner - Health and Wellness Ambassadors 11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields 12:45 pm Caledon East Seniors - Weekly Euchre	2 9:00 am Unearth Uncover Art Exhibition 10:00 am Caledon Seniors Centre - Classic Cafe - Inglewood 6:30 pm CPL: Healthy Urban Rivers presented by Ontario Streams	3 9:00 am Unearth Uncover Art Exhibition 9:30 am CMOW - Senior's Social and Wellness Program - Palgrave 10:00 am CPL Southfield Community Corner - Health and Wellness Ambassadors 10:30 am Caledon Seniors' Council 1:00 pm Terra Cotta Community Centre - Euchre	4 9:00 am Unearth Uncover Art Exhibition 9:30 am Caledon Seniors Centre - Income Tax Clinic 10:00 am Our Community Wellness Fair for Black, African, and Caribbean Communities
5 9:00 am Unearth Uncover Art Exhibition	6 9:00 am Unearth Uncover Art Exhibition 9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East 1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills	7 9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village 9:00 am Unearth Uncover Art Exhibition 10:00 am CMOW - Senior's Social and Wellness Program - Valleywood 3:00 pm EAPON - Wrinkles - Listening, Learning and Preventing Elder Abuse (Webinar) 7:00 pm CPL: Palliative Care Myth-Busting: Everything You Want to Know But are Afraid to Ask	8 9:00 am Unearth Uncover Art Exhibition 10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church 10:30 am CPL Albion Bolton Community Corner - Health and Wellness Ambassadors 11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields 12:45 pm Caledon East Seniors - Weekly Euchre 6:30 pm CPL: Welcome Sign	9 9:00 am Unearth Uncover Art Exhibition 2:00 pm Euchre Tournament at Bolton Mills 7:00 pm Ontario Caregiver Organization - Balancing Work and Care: Finding Strategies that work for you. (Webinar) 7:00 pm CPL: Pride Book Club 7:30 pm CALEDON GARDEN CLUB MEETING: RECYCLED ITEMS IN THE GARDEN	10 9:00 am Unearth Uncover Art Exhibition 9:30 am CMOW - Senior's Social and Wellness Program - Palgrave 10:00 am CPL Southfield Community Corner - Health and Wellness Ambassadors 10:30 am Caledon Seniors' Council	11 9:00 am Unearth Uncover Art Exhibition
12 9:00 am Unearth Uncover Art Exhibition	13 9:00 am Unearth Uncover Art Exhibition 9:00 am Caledon Seniors Centre - Weekly Satellite	14 9:00 am Unearth Uncover Art Exhibition 11:00 am CPL: A Little Drumming In Everyone	15 9:00 am Unearth Uncover Art Exhibition 10:00 am CMOW - Senior's Social and Wellness Program -	16 9:00 am Unearth Uncover Art Exhibition 10:30 am CPL: Author Visit with Robyn Gram-	17 9:00 am Unearth Uncover Art Exhibition 9:30 am CMOW - Senior's Social and Wellness Program -	18 11:00 am CSC - St. Patrick's Day Luncheon & Bid Euchre Tournament

	<p>Program - Caledon East</p> <p>10:00 am March Break at PAMA</p> <p>1:00 pm CPL: Nailed It or Failed It? Book Cover Cookies</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p>	<p>12:00 pm CMOW - Valleywood Euchre Card Party</p> <p>1:00 pm CPL: Turning Up the Heat with Jeff Salem: The Art of Hot Sauce Making</p> <p>2:00 pm Chef Demonstration by Executive Chef Shan</p> <p>2:00 pm CPL: Tech Petting Zoo</p>	<p>Cheltenham Baptist Church</p> <p>10:30 am CPL: Send a message to an Astronaut!</p> <p>10:30 am CPL: Kids Can...Craft!</p> <p>10:30 am CPL Albion Bolton Community Corner - Health and Wellness Ambassadors</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>11:30 am CSC - St Patrick's Irish Special Lunch</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>2:00 pm CPL: Kids Can... Craft!</p>	<p>Barclay</p> <p>2:00 pm CPL: Teen Café: Perler Bead Fun</p> <p>6:45 pm PAMA Youth Council Presents Movie Night in the Courthouse</p> <p>7:00 pm CPL: March Break Bingo Night</p>	<p>Palgrave</p> <p>10:00 am March Break at PAMA</p> <p>10:00 am CPL Southfield Community Corner - Health and Wellness Ambassadors</p> <p>10:30 am St. Patrick's Day Party with Entertainment at Bolton Mills</p> <p>10:30 am CPL: Author Visit with Lisa Oatway</p> <p>10:30 am Caledon Seniors' Council</p> <p>1:00 pm Terra Cotta Community Centre - Euchre</p> <p>2:00 pm CPL: Afternoon Film Club</p> <p>2:00 pm CPL: Kids Can... Craft!</p>	<p>2:00 pm What If: A Scented Experience with Tracy Pepe</p>
19	<p>20</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK - Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>21</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Valleywood</p> <p>6:30 pm CPL: Tech Help @ the Library: CPL Mobile App</p> <p>7:00 pm CPL: Teen Book Cover Bingo</p>	<p>22</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>10:30 am CPL Albion Bolton Community Corner - Health and Wellness Ambassadors</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>6:30 pm CPL: Local Species at Risk presented by Ontario Streams</p>	<p>23</p> <p>12:00 pm Ontario Caregiver Organization - Tools for Better Transitions Between Hospital and Home. (Webinar)</p> <p>2:00 pm CASINO Afternoon at Bolton Mills</p>	<p>24</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:00 am CPL Southfield Community Corner - Health and Wellness Ambassadors</p> <p>10:30 am Caledon Seniors' Council</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p> <p>4:30 pm CSC - Monthly Dinner</p>	<p>25</p> <p>1:00 pm CPL: Indigenous Series: Kairos Blanket Exercise</p> <p>2:00 pm Facing Claude Cahun & Marcel Moore: Exhibition Celebration & Panel Discussion</p>
26	<p>1:00 pm Sunday FUNday</p> <p>27</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK - Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>28</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Valleywood</p>	<p>29</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>10:30 am CPL Albion Bolton Community Corner - Health and Wellness Ambassadors</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon</p>	<p>30</p> <p>7:00 pm Connections Art & Book Club in Partnership with Brampton Library</p>	<p>31</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:00 am CPL Southfield Community Corner - Health and Wellness Ambassadors</p> <p>10:30 am Caledon Seniors' Council</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	

			East Seniors - Weekly Euchre			
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<https://calendar.caledon.ca>