

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:00 am The Mother of All Silent Auctions</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK - Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>2</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Valleywood</p> <p>12:00 pm OCO Webinar: Caregiver Mental Health: How to Reduce Anxiety for Better Living (Free)</p>	<p>3</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>7:00 pm Brampton Lawn Bowling Club Open House and Free Trial for All Adults</p>	<p>4</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>10:00 am Caledon Seniors Centre - Classic Cafe - Inglewood</p> <p>6:00 pm CPL: May the Fourth Be With You!</p> <p>7:00 pm Intergenerational Storytelling: A Writing & Story Sharing Workshop (18+)</p>	<p>5</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:30 am Caledon Seniors' Council</p> <p>1:00 pm Terra Cotta Community Centre - Euchre</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p> <p>8:15 pm Spreading it Around - The Hilarious Comedy</p>	<p>6</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>1:00 pm Brampton Lawn Bowling Club Open House and Free Trial for All Adults</p> <p>1:00 pm DIY Family Studio Time</p> <p>2:15 pm Spreading it Around - The Hilarious Comedy</p> <p>8:15 pm Spreading it Around - The Hilarious Comedy</p>
<p>7</p> <p>12:00 am The Mother of All Silent Auctions</p> <p>1:00 pm DIY Family Studio Time</p>	<p>8</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK - Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>9</p> <p>12:00 pm CMOW - Valleywood Euchre Card Party</p>	<p>10</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>7:00 pm CPL: Family Spring Bingo!</p>	<p>11</p> <p>1:00 pm OCO Webinar: Power of Attorney Information Session for Caregivers (Free)</p> <p>6:00 pm CPL: Teen Café: Teen Trivia Night!</p> <p>6:30 pm Beautiful Native Plants and Art Workshop with Brampton Library and TRCA</p> <p>7:30 pm CALEDON GARDEN CLUB MEETING: TURTLE ISLAND & ROYAL BOTANICAL GARDENS, HAMILTON</p>	<p>12</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:30 am Caledon Seniors' Council</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p> <p>8:15 pm Spreading it Around - The Hilarious Comedy</p>	<p>13</p> <p>12:30 pm Mother's Day Tea</p> <p>1:00 pm DIY Family Studio Time</p> <p>2:15 pm Spreading it Around - The Hilarious Comedy</p> <p>8:15 pm Spreading it Around - The Hilarious Comedy</p>
<p>14</p> <p>1:00 pm DIY Family Studio Time</p>	<p>15</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK -</p>	<p>16</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW -</p>	<p>17</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>11:00 am Caledon</p>	<p>18</p>	<p>19</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:30 am Caledon Seniors' Council</p>	<p>20</p> <p>1:00 pm DIY Family Studio Time</p>

	<p>Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>Senior's Social and Wellness Program - Valleywood</p> <p>1:00 pm EAPON - Supporting Vulnerable Victims and Witnesses (Free Webinar)</p> <p>5:00 pm Public Information Centre #1: Active Transportation Master Plan</p>	<p>Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>7:00 pm CPL: Dear Journal: Using a Written Dialogue to Cope During Stressful Times</p>		<p>1:00 pm Terra Cotta Community Centre - Euchre</p> <p>2:00 pm CPL: Afternoon Film Club</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	
<p>21</p> <p>1:00 pm DIY Family Studio Time</p>	<p>22</p>	<p>23</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Valleywood</p>	<p>24</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p> <p>6:00 pm CPL: Elizabeth Scavetta Teen Writing Workshop and Lecture Series Presents: Author Tanya Boteju!</p>	<p>25</p> <p>2:00 pm ROP - Fall Prevention (Virtual)</p>	<p>26</p> <p>9:30 am CMOW - Senior's Social and Wellness Program - Palgrave</p> <p>10:30 am Caledon Seniors' Council</p> <p>4:30 pm CSC - Monthly Dinner</p>	<p>27</p> <p>8:00 am Jack Ride 2023</p> <p>1:00 pm DIY Family Studio Time</p>
<p>28</p> <p>1:00 pm DIY Family Studio Time</p> <p>1:00 pm Sunday FUNday</p>	<p>29</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon East</p> <p>10:00 am PUCK - Nordic Walking</p> <p>1:00 pm CMOW - Senior's Social and Wellness Program - Mono Mills</p> <p>2:00 pm PUCK - Gentle Chair Yoga</p>	<p>30</p> <p>9:00 am Caledon Seniors Centre - Weekly Satellite Program - Caledon Village</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Valleywood</p> <p>6:30 pm CPL: Cricut Crafts: Custom Tote Bag</p>	<p>31</p> <p>10:00 am CMOW - Senior's Social and Wellness Program - Cheltenham Baptist Church</p> <p>11:00 am Caledon Seniors Centre - Weekly Satellite Program - Southfields</p> <p>12:45 pm Caledon East Seniors - Weekly Euchre</p>			