

Saturday, June 1, 2024

Mono Mills Fire Station Open House

Date and Time: Saturday, June 1 9:00 am - 12:00 pm

Address: 35 Victoria Crescent, Caledon

Join us for the Mono Mills Fire Station Open House at Victoria Parks Community Centre (35 Victoria Cres. Caledon) to kick off Seniors Month.

- Famous Free Pancake Breakfast
- Auto Extrication Demonstration
- Emergency Vehicle Tours
- Fire Extinguisher Demo
- Fire Safety Information
- Meet Caledon OPP, Dufferin County Paramedics, Sparky, and Age-Friendly Caledon Volunteers

Prepare your Property for Climate Change Tour

Date and Time: Saturday, June 1 9:00 am - 12:00 pm

Address: 15526 Heart Lake Rd Caledon Village, L7C 2J9 Canada

Join us for a free bus tour to visit three stunning examples of stewardship projects in action. Take inspiration from landowners improving soil, water quality and wildlife habitat to adapt your own property. Learn how landowners can receive grants and funding for implementing projects on their own land.

This workshop is intended for rural landowners in the Credit River Watershed.

Snacks and refreshments will be available throughout the tour.

To learn more and register, [click here](#).

Monday, June 3, 2024

Caledon Seniors Centre - Weekly Satellite Program - Caledon East

Date and Time: Monday, June 3 9:00 am - 3:00 pm

Address: 6215 Old Church Rd. Caledon East, ON

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm until Monday, June 26, 2023

Caledon East Community Complex, Lions Den Room – Every Thursday from 9:00 am – 3:00pm from July 6 to August 31, 2023

Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm from September 11, 2023 to August 26, 2024

For more information contact 905-951-6114 or 905-586-6114 cell phone.

Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programming fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$9.00.

Program is moving back to Mondays @ the Lions Den starting in 2023.

Caledon Seniors Centre - Classic Cafe - Caledon East

Date and Time: Monday, June 3 11:00 am - 2:30 pm

Address: 6211 Old Church Rd, Caledon East

Looking for something to do?

Join the Caledon Seniors Centre's Classic Café programs once a month at one of the locations near you.

For more information, guest speakers and costs please contact 905-951-6114 or 905-586-6114 cell phone.

Email: satelliteprogram@caledonseniors.ca

Tuesday, June 4, 2024

Caledon Seniors Centre - Classic Cafe - Caledon Village

Date and Time: Tuesday, June 4 11:00 am - 2:30 pm

Address: 18313 Hurontario St, Caledon Village, ON

Looking for something to do?

Join the Caledon Seniors Centre's Classic Café programs once a month at one of the locations near you.

For more information, guest speakers and costs please contact 905-951-6114 or 905-586-6114 cell phone.

Email: satelliteprogram@caledonseniors.ca

Seniors Month - Eat Local Caledon! Community Lunch

Date and Time: Tuesday, June 4 12:00 pm - 2:00 pm

Address: 34 Pine Ave. Palgrave L7E 0L9

Join Palgrave United Community Kitchen (Puck) and EcoCaledon for a Free locally sourced community lunch in celebration of Seniors Month and Local Food Week.

Palgrave United Community Kitchen (PUCK) is a Peel Health certified Kitchen operated by Palgrave United Church. This kitchen provides cooking programs and rental space for food based activities. They also provide weekly 55+ programming such as chair yoga and Nordic walking.

ecoCaledon in conjunction with its partners promotes environmental programs, projects and activities designed to enhance and protect Caledon's environment and to reverse global warming. They engage the Caledon community and its individual citizens in the enjoyment and conservation of the environment.

Tuesday June 4 | 12 – 2 p.m.

Palgrave United Community Kitchen ([34 Pine Ave, Palgrave](#))

Registration Required by May 29

[Click Here to Email Us to Register for the Eat Local Caledon Lunch](#)

or call 905-584-2272 x 4106 to Register.

Please advise if you have a dietary restriction or allergy when registering.

Wednesday, June 5, 2024

Caledon Seniors Centre - Weekly Satellite Program - Southfields

Date and Time: Wednesday, June 5 11:00 am - 3:00 pm

Address: 225 Dougall Ave, Caledon, ON L7C 3M7

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm until Wednesday, June 28, 2023

South Asian Social – Outdoor gathering (still trying to determine which park we will be gathering in) from July 5 to August 30, 2023

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm from September 6, 2023 to June 26, 2024

For more information contact 905-951-6114 or 905-586-6114 cell phone.

Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programming fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$ 9.00

Thursday, June 6, 2024

Caledon Seniors Centre - Classic Cafe - Inglewood

Date and Time: Thursday, June 6 11:00 am - 2:30 pm

Address: 15825 McLaughlin Rd

Looking for something to do?

Join the Caledon Seniors Centre's Classic Café programs once a month at one of the locations near you.

For more information, guest speakers and costs please contact 905-951-6114 or 905-586-6114 cell phone.

Email: satelliteprogram@caledonseniors.ca

Friday, June 7, 2024

Seniors Month - Museum Memories with PAMA

Date and Time: Friday, June 7 10:00 am - 12:00 pm

Address: 20 Snelcrest Dr.

Museum Memories with PAMA: Discover the behind-the-scenes history of the Peel Art Gallery, Museum and Archives (PAMA). We'll share fun tidbits about PAMA along with some items from our collection.

PAMA is an accessible, safe space for the diverse communities of the Region of Peel (Brampton, Caledon and Mississauga) to come together and celebrate arts and culture. We strive to be a place where you can see yourself reflected and actively contribute to building a "[Community for Life](#)".

It's a place to explore and learn about Peel's culture and heritage, as well as use conversation, questions and stories to help make new and fascinating connections to the surrounding community. PAMA offers a variety of workshops and programs for all ages, families, and adults. There is something for everyone.

Friday June 7 | 10 a.m. – 12 p.m.

Margaret Dunn Valleywood Community Centre and Library ([20 Snelcrest Drive, Valleywood](#))

Registration Required by May 31

[Click Here to Register for the Museum Memories Program](#)

Seniors Month - Dog Printmaking Workshop with PAMA

Date and Time: Friday, June 7 1:00 pm - 3:00 pm

Address: 20 Snelcrest Dr.

Dog Printmaking with PAMA: Inspired by the exhibition "Oh My Dog!" on display at the Peel Art Gallery, Museum and Archives (PAMA), join us for an exciting dog printmaking workshop! We'll explore unique printmaking techniques as we design one-of-a-kind artwork featuring our furry friends.

PAMA is an accessible, safe space for the diverse communities of the Region of Peel (Brampton, Caledon and Mississauga) to come together and celebrate arts and culture. We strive to be a place where you can see yourself reflected and actively contribute to building a "[Community for Life](#)".

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Friday June 7 | 1 – 3 p.m.

Margaret Dunn Valleywood Community Centre and Library ([20 Snelcrest Drive, Valleywood](#))

Registration Required by May 31

[Click Here to Register for the Dog Printmaking Workshop](#)

Shreya's Art Workshop

Date and Time: Friday, June 7 6:00 pm - 7:00 pm

Address: Southfields Community Centre - 225 Dougall Ave, Caledon, ON L7C 3M7

Join us for a fun Art Workshop on 7 June (Kids) and 15 June (for Adults & Senior Citizens) at Southfields Community Center, Caledon! Unleash your creativity under expert guidance. RSVP now!

<https://forms.gle/tynxm4ATE4po1HAH6>

About the Artist: Shreya Das, a local of Caledon, is a passionate and talented artist with over 10+ years of experience in the world of art. Specializing in acrylic, watercolor & oil pastel drawing, she has a unique ability to inspire and nurture creativity in young minds.

Contact 437-987-9167 for any queries!

Saturday, June 8, 2024

Bike the Creek

Date and Time: Saturday, June 8 8:00 am - 2:00 pm

Address: Jim Archdekin Recreation Centre 292 Conestoga Dr, Brampton, ON L6Z 3M1

Cycling through 50 yrs of Peel Region's urban roads and trails. For more information and to register visit trca.ca/bike-the-creek

Touch-A-Truck Caledon

Date and Time: Saturday, June 8 9:00 am - 12:00 pm

Address: 150 Queen St S, Bolton

Touch-A-Truck Caledon is back! Get up close and personal with vehicles of all shapes and sizes. Join us for this fun, family event where children of all ages can sit in, climb on and learn about vehicles from the drivers themselves. Donations accepted, pay what you can, all proceeds go to **Caledon Parent-Child Centre**. In 2018 & 2019 we raised over \$26,000!

Don't miss it!

If you want to display your vehicle and promote your company please see the Registration Form attachment.

Dufferin County Multicultural Event

Date and Time: Saturday, June 8 11:00 am - 4:00 pm

Address: 936029 Airport Road Mulmur, ON L9V 0L3

Join us!

For the Dufferin County Multicultural Event to celebrate art, music and more!

This year's event will be on June 8th 11 am to 4 pm

Join us for a day of performances, vendors and art! Performance schedules and details to be announced soon!

Admission is Free – we appreciate any donations to support the Dufferin County Multicultural Foundation

*Please note: parking is limited.

Presented by the Dufferin County Multicultural Foundation

and hosted at the Museum of Dufferin

Monday, June 10, 2024

Caledon Seniors Centre - Weekly Satellite Program - Caledon East

Date and Time: Monday, June 10 9:00 am - 3:00 pm

Address: 6215 Old Church Rd. Caledon East, ON

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Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm until Monday, June 26, 2023

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Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programing fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$9.00.

Program is moving back to Mondays @ the Lions Den starting in 2023.

Seniors Month - Getting the most from your healthcare appointment with CW Self-Management Program

Date and Time: Monday, June 10 10:00 am - 12:00 pm

Address: 20 Snelcrest Dr.

This 1-hour workshop focuses on what to do before, during and after a healthcare appointment through action planning. Ultimately, patients are the most important members of their healthcare team.

Central West (CW) Self-Management Program is supported by the Ministry of Health and Long-Term Care – as part of the Ontario Diabetes Strategy. Its goal is to support people living with, or at risk for, chronic conditions by providing individuals with the knowledge, skills and confidence to effectively self-manage their chronic conditions and to improve their health. This is accomplished by providing self-management education and skills training to people living with, or at risk for chronic conditions as well as their health care providers.

Monday June 10 | 10 a.m. – 12 p.m.

Margaret Dunn Valleywood Community Centre and Library ([20 Snelcrest Drive, Valleywood](#))

Registration Required by June 7

[Click Here to Register for the Getting the Most from your Healthcare Appointment Workshop](#)

Tuesday, June 11, 2024

Seniors Month - Music Therapy: How Music Can Keep Your Body and Brain Healthy with Julia's Place Music Therapy Centre

Date and Time: Tuesday, June 11 10:00 am - 11:00 am

Address: 7 Rotarian Way, Bolton, Ontario, L7E 1Y2

Join a trained music therapist for a hands-on informational presentation on music therapy and how music can keep your body and brain healthy as you age.

Julia's Place Music Therapy Centre provides quality Neurologic Music Therapy and music recreation programs for clients with a variety of needs and abilities. They specialize in neuro-rehabilitation and are experts in complex needs. It is the hope that all who visit Julia's Place, both clients and caregiver, will feel comfortable and safe to learn and grow.

Tuesday June 11 | 10 – 11 a.m.

Rotary Place Bolton – Egan Room ([7 Rotarian Way, Bolton](#))

Registration Required by June 7

[Click Here to Register for the Music Therapy Workshop](#)

World Elder Abuse Awareness Day - Flag Raising

Date and Time: Tuesday, June 11 2:30 pm - 3:00 pm

Address: 6311 Old Church Rd.

World Elder Abuse Awareness Day or WEAAD was launched June 15, 2006 by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations. WEAAD also supports the United Nations International Plan of Action that acknowledges the significance of elder abuse as a public health and human rights issue. Since its inception, communities around the world used this day as an opportunity to raise awareness of elder abuse and neglect of older persons, by sharing information about the facts of elder abuse, the rights of older persons and promote resources and services to support seniors' safety and well-being.

Join the Town of Caledon's Council, Staff, and Ageing Well in Caledon Dufferin Collaborative Network for Caledon's first World Elder Abuse Awareness Day (WEAAD) Flag Raising.

When: June 11, 2024 @ 2:30 p.m.

Where: Town Hall, Caledon East ([6311 Old Church Road, Caledon East](#))

Wednesday, June 12, 2024

Caledon Seniors Centre - Weekly Satellite Program - Southfields

Date and Time: Wednesday, June 12 11:00 am - 3:00 pm

Address: 225 Dougall Ave, Caledon, ON L7C 3M7

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm until Wednesday, June 28, 2023

South Asian Social – Outdoor gathering (still trying to determine which park we will be gathering in) from July 5 to August 30, 2023

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm from September 6, 2023 to June 26, 2024

For more information contact 905-951-6114 or 905-586-6114 cell phone.

Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programming fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$ 9.00

Caledon Seniors Centre - Classic Cafe - Alton

Date and Time: Wednesday, June 12 12:00 pm - 3:00 pm

Address: 35 Station St. Alton, ON

Looking for something to do?

Join the Caledon Seniors Centre's Classic Café programs once a month at one of the locations near you.

For more information, guest speakers and costs please contact 905-951-6114 or 905-586-6114 cell phone.

Email: satelliteprogram@caledonseniors.ca

Saturday, June 15, 2024

Velocity

Date and Time: Saturday, June 15 8:00 am - 12:00 pm

Address: 6125 Old Church Road

Ride Caledon's Scenic Hills. Kick off Caledon Day with a ride for the entire family! Ride is in support of Caledon seniors.

CSC - Trunk Sale

Date and Time: Saturday, June 15 8:00 am - 1:00 pm

Address: 7 Rotarian Way, Bolton, ON L7E 1Y2

Join us at this fundraising event for the Caledon Seniors Centre on Saturday, June 15 at 7 Rotarian Way, Bolton

There will be trinkets, treasures, odds & ends, books, clothing and much more!

Bring your goods for sale & make some money! Book your rental space by calling the Centre at 905-951-6114 . \$30 for 2 parking spaces.

Enjoy Peameal bacon on a bun and BBQ as well as homemade preserves, baked goods, and MacGregor Meat & Seafood orders!

Caledon Day

Date and Time: Saturday, June 15 2:00 pm - 10:00 pm

Address: 6311 Old Church Rd

The Town of Caledon is excited to present Caledon Day on Saturday, June 15, 2024, at the [Caledon East Community Complex](#).

Connecting our communities since 2008, this free community event brings together the best of Caledon Day and provides an opportunity to celebrate together as a community!

[Recently selected as a Top 100 Award Winner by Festivals and Events Ontario](#), the highly anticipated Sam Roberts Band headlining the 2024 Caledon Day event on Saturday, June 15, 2024, attendees can expect an even more spectacular experience this year.

Join us from 2 to 10 p.m. on June 15 for family fun including kid's activities, local vendors, musical acts, firew

orks and more.

Headlining the festivities is Montreal's acclaimed Sam Roberts Band, a multi-platinum album-selling and six-time Juno Award-winning group set to grace Caledon with their unique rock melodies to entertain residents as we gather to celebrate as a community.

Continuing the tradition, Caledon Community Services will host Velocity, its annual cycling event, at Caledon East Park on Saturday, June 15, 2024. This event, aimed at raising funds to support Caledon Seniors, offers scenic rides suitable for the whole family, with four routes catering to various experience levels. To learn more and register, visit ccsvelocity.ca.

Shreya's Art Workshop

Date and Time: Saturday, June 15 5:00 pm - 6:00 pm

Address: Southfields Community Centre - 225 Dougall Ave, Caledon, ON L7C 3M7

Join us for a fun Art Workshop on 7 June (Kids) and 15 June (for Adults & Senior Citizens) at Southfields Community Center, Caledon! Unleash your creativity under expert guidance. RSVP now!

<https://forms.gle/tynxm4ATE4po1HAH6>

About the Artist: Shreya Das, a local of Caledon, is a passionate and talented artist with over 10+ years of experience in the world of art. Specializing in acrylic, watercolor & oil pastel drawing, she has a unique ability to inspire and nurture creativity in young minds.

Contact 437-987-9167 for any queries!

Monday, June 17, 2024

Caledon Seniors Centre - Weekly Satellite Program - Caledon East

Date and Time: Monday, June 17 9:00 am - 3:00 pm

Address: 6215 Old Church Rd. Caledon East, ON

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm until Monday, June 26, 2023

Caledon East Community Complex, Lions Den Room – Every Thursday from 9:00 am – 3:00pm from July 6 to August 31, 2023

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Program is moving back to Mondays @ the Lions Den starting in 2023.

BPW Brampton Caledon Charity Golf Tournament 2024

Date and Time: Monday, June 17 11:00 am - 9:00 pm

Address: 53 Isabella Street

BPW GOLF TOURNAMENT

EARLY BIRD PRICING EXTENDED

UNTIL MAY 17TH!!!

GIRLS JUST WANT TO HAVE FUN

GOLF TOURNAMENT!!!

BPW Brampton Golf Event

Monday, June 17, 2024

at Glen Eagle Golf Club located at

15731 Regional Road 50, Caledon, ON L7E 3H9

Register for our Tournament

to be in our Early Bird Draw

extended until Friday, May 17, 2024

to have your day paid for.

PLEASE FOLLOW LINKS BELOW TO

ACCESS ATTACHMENTS FOR DETAILS:

2024 Golf Registration Form

2024 Golf Hole Sponsorship Form

2024 Golf Prize Donation Form

Please join us for a 9 hole BEST BALL tournament including lunch, dinner along with raffle prizes, live auction and vendor tables.

Come join us for some golf, networking, great shopping and a day for girls to hang together and just have fun!

Make sure to register before May 1st so that you are entered into the Early Bird Draw.

We look forward to seeing you on the greens!

Pat Dowling

BPW Brampton Golf Co-Chair

416-854-8863

dowling.pat@hotmail.com

Tuesday, June 18, 2024

CSC - Men's Lunch

Date and Time: Tuesday, June 18 11:00 am - 1:30 pm

Address: 7 Rotarian Way, Bolton, ON L7E 1Y2

Join us at the Caledon Seniors Centre at Rotary Place in Bolton for some fun and fellowship!

Enjoy a game of darts, pool or cards then have some lunch! Lunch menu is: sausage on a bun, salads & dessert.

Cost is \$11.

Call the Centre at 905-951-6114 to register.

Seniors Month - CHIP Reverse Mortgages with Home Equity Bank Lunch and Learn Workshop

Date and Time: Tuesday, June 18 11:00 am - 12:00 pm

Address: 35 Station St

Join Sandra Scavone ([The Mortgage Centre](#)) and Sean Russell ([Home Equity Bank](#)) for this lunch and learn session to learn about how the CHIP Reverse Mortgage works and the many ways it can benefit you as a homeowner.

- Leverage tax-free equity in your home, while maintaining legal title
- No monthly payments required
- Extra monthly cashflow, early inheritance for loved ones, take a dream vacation, retrofit your home, and so much more
- Guarantee that you will never have negative equity in your home

Bring your questions with you and they will provide you with all the answers you need.

Tuesday June 18 | 11 a.m. – 12 p.m.

Alton Community Room and Library ([35 Station Street, Alton](#))

Registration Required by June 14

[Click Here to Register for the CHIP Reverse Mortgages Lunch and Learn Workshop](#)

Seniors Month - Seniors Summer Social with Door to Door & More Inc.

Date and Time: Tuesday, June 18 1:00 pm - 3:00 pm

Address: 15825 McLaughlin Rd

A fun and engaging afternoon of music, games, light snacks, and giveaways the senior summer social is an annual event hosted in Celebration of Seniors Month.

[Door to Door & More Inc.](#) provides safe and reliable 1 to 1 Senior Transportation, Accompaniment, and In-Home Support (non-medical) to seniors living in Caledon and neighbouring areas. They commit to doing their best to keep you safe and to provide you with the caring and professional service that they deserve and expect.

Tuesday June 18 | 1 – 3 p.m.

Inglewood Community Centre and Library ([15825 McLaughlin Rd. Inglewood](#))

Registration Required by June 14

[Click Here to Register for the Seniors Summer Social](#)

Wednesday, June 19, 2024

Caledon Seniors Centre - Weekly Satellite Program - Southfields

Date and Time: Wednesday, June 19 11:00 am - 3:00 pm

Address: 225 Dougall Ave, Caledon, ON L7C 3M7

Looking for something to do?

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Supplementary Aggregate Policy Study - Open House

Date and Time: Wednesday, June 19 6:30 pm - 8:30 pm

Address: Caledon East Community Complex Halls A and B 6215 Old Church Rd, Caledon East, ON L7C 1J7

This is to inform you that a Draft Policy Options Report has been prepared for the Caledon Supplementary Aggregate Policy Study, and the Town is looking to solicit feedback from the public through an Open House event.

[For more information](#)

Thursday, June 20, 2024

CCS Specialist Clinic - Alzheimer's Society Peel - Dementia Days

Date and Time: Thursday, June 20 10:00 am - 2:00 pm

Address: 18 King Street East, Unit L9 in Royal Courtyards

For your convenience, CCS Specialist Clinic is centrally located in the heart of downtown Bolton at 18 King Street East, Unit L9 in the Royal Courtyards, with free onsite parking. For more information and program availability, please call [905-584-2300](tel:905-584-2300) Ext. 920, [905-857-4327](tel:905-857-4327) or [send an email](#).

Alzheimer Society of Peel – Dementia Days: drop in to learn about dementia and support services accessible in Caledon. Available on the 3rd Thursday of the month, 10:00 a.m. – 2:00 p.m. No appointment required! (Please note on May 18th and September 21st, the time will be altered to 1:00 – 4:00 p.m.)

CCS Specialist Clinic - Hear Well Be Well - Free Hearing Clinic

Date and Time: Thursday, June 20 10:00 am - 2:00 pm

Address: 18 King Street East, Unit L9 in Royal Courtyards

For your convenience, CCS Specialist Clinic is centrally located in the heart of downtown Bolton at 18 King Street East, Unit L9 in the Royal Courtyards, with free onsite parking. For more information and program availability, please call [905-584-2300](tel:905-584-2300) Ext. 920, [905-857-4327](tel:905-857-4327) or [send an email](#).

Hear Well Be Well – Free Hearing Clinic: offering basic hearing tests, earwax checks, hearing aid cleaning and minor hear aid repairs. Available on the 3rd Thursday of the month, 10:00 a.m. – 2:00 p.m. Please call [905-857-4327](tel:905-857-4327) for more information and to book your appointment. (ages 9+)

Seniors Month - Afternoon Strawberry Social with Caledon Seniors Centre sponsored by Right at Home

Date and Time: Thursday, June 20 2:00 pm - 4:00 pm

Address: 7 Rotarian Way, Bolton, Ontario, L7E 1Y2

Sponsored by Right at Home, come celebrate the Strawberry Season with the Caledon Seniors Centre by enjoying homemade cake with cream, tea, coffee and entertainment at the Annual Afternoon Strawberry Social.

The [Caledon Seniors Centre](#) is a not-for-profit, charitable organization that was created more than 25 years ago to provide the opportunity for older adults to enjoy active living and a healthy lifestyle through our many social, educational, and recreational programs and activities.

[Right at Home - Caledon](#) provides trained PSW and Nurse Caregivers to support residents with the long list of complex health issues that make living at home a challenge. They are experts, providing not just home care and senior care, but coaching and experience to help navigate every step of the journey and are passionate about helping clients because they know with each life they impact they help them live successfully at home.

Thursday June 20 | 2 – 4 p.m.

Rotary Place Bolton - Egan Room ([7 Rotarian Way, Bolton](#))

Registration Required | Call the Caledon Seniors Centre at 905-951-6114 by June 14

Friday, June 21, 2024

CSC - Monthly Dinner

Date and Time: Friday, June 21 5:15 pm - 7:00 pm

Address: 7 Rotarian Way, Bolton, ON L7E 1Y2

Join us at the Caledon Seniors Centre at Rotary Place in Bolton for our Monthly Dinner on Friday, June 21, 2024!

Menu: Pulled Pork, Baked Potato, Sour Cream & Chives, Coleslaw, Bun and Carrot Cake.

Cost: \$16

Pick-up: 5:15 pm

Dine-in served: 5:30 pm

Local delivery: \$2

Order deadline: Wed. June 19 at 3:30 pm.

Call the Centre at 905-951-6114 to buy your tickets!

National Indigenous Peoples Day - Film Screening of Beans (2020)

Date and Time: Friday, June 21 7:00 pm

Address: 6215 Old Church Road

FREE: National Indigenous Peoples Day - Film Screening of Beans (2020) In the Caledon East Community Complex June 21, 2024 7pm.

<https://tiff.net/events/beans>

From July to September 1990, two Mohawk communities in Quebec — Kanehsatà:ke and Kahnawá:ke — were thrust into a resistance against the Sûreté du Québec, the RCMP, and the Canadian Armed Forces. Referred to in the media as the “Oka Crisis,” the three-month standoff captured the attention of the entire country as the communities protested the expansion of a golf course into a forest and burial ground.

Writer-director Tracey Deer’s astounding and timely debut feature, set in the summer of 1990, tells the story of a 12-year-old Mohawk girl named Beans (Kiawentiio, in a phenomenal breakout performance). Beans is a bright and promising student trying to find her place in her community, but she faces a number of challenges. In addition to the complex situations so characteristic of adolescence, she encounters the intricacies of using her voice for activism, and the devastating impacts of experiencing violent racism first-hand.

Caught between youth and adulthood, between Indigenous identity and white settler culture, Beans skillfully navigates the nuances of this friction to deliver a compelling, important message on self-identity in a broad societal context. Similar to how Alanis Obomsawin blazed a trail for authentic Indigenous onscreen narratives with *Kanehsatake: 270 Years of Resistance*, Deer forges her own creative path to explore the harrowing events at Kahnawá:ke that are rooted in her own experience as a teenager.

Beans is a powerful coming-of-age drama from behind the protest lines. With its sensitive portrayal of internal and community conflicts gleaned from lived experience, it is poised to blaze a new trail for the next generation of Indigenous filmmakers.

Please note that this film is intended for Mature Audiences. *Content advisories: racialized violence, implied sexual violence, coarse language*

Saturday, June 22, 2024

Food Forest Planting at Albion Hills Community Farm

Date and Time: Saturday, June 22 10:00 am - 12:00 pm

Address: 16555 Humber Station Rd, Caledon, ON

Get dirty while enjoying the outdoors! Plant native edible trees and shrubs at Albion Hills Community Farm.

This is a family friendly event and youth of all ages are welcome. Equipment will be provided along with a planting “how-to” session.

Wines of the World

Date and Time: Saturday, June 22 6:00 pm - 9:00 pm

Address: Caledon Equestrian Park 200 Pine Ave Palgrave Ontario, L7E 0M1

Join us for our 25th annual Wines of the World. This uniquely Caledon community event takes place in the beautiful Caledon Equestrian Park and features over 40 wines from across the globe and some local favourites. Come and enjoy mouth watering food prepared by Mono's Absolute Catering while listening to Nashville recording artist Jessica Sole. Don't miss this fun filled night under the stars. Home James will be on site to get you home safely. The Rotary Club of Palgrave is proud to maintain the policy that 100% of the proceeds raised are used for local and international Rotary initiatives and projects. Tickets \$75 to May 10, \$85 to June 1 and \$100 after June 1 or \$40 for an alcohol free experience.

Movies in the Park

Date and Time: Saturday, June 22 9:00 pm

Address: Please visit the website for locations and addresses

Movies in the Park is back!

The Town of Caledon is pleased to present Movies in the Park - an *In the Park* series brought to you by the Recreation and Culture, Community and Human Services department.

Movies will take place at various locations across Caledon from June to October. Join us at sunset to watch a featured film under the stars. Bring your friends, family and anyone else that makes the perfect movie date!

Please bring a lawn chair or blanket to watch the movie on the grass. Weather permitting.

2024 lineup:

- June 22, 2024: Wonka - New release! (Cancelled)
- June 28, 2024: Elemental
- August 9, 2024: Wish
- September 13, 2024: Wonka - New release!
- September 21, 2024: Wonka - New release! (rescheduled from June 22)
- September 27, 2024: Inside Out 2
- October 25, 2024: Kung Fu Panda 4

For more details, locations and showtimes, visit [Caledon.ca/Movies](https://caledon.ca/Movies).

Sunday, June 23, 2024

2024 Caregivers in the Hills Appreciation Day

Date and Time: Sunday, June 23 11:00 am - 3:30 pm

Address: Caledon East Community Complex, 6215 Old Church Road, Caledon East, L7C 1J7

Join Hills of Headwaters Collaborative Ontario Health Team on Sunday, June 23 as we celebrate our Caregivers in the Hills program surpassing 200 members at our second in-person event, Caregivers in the Hills Appreciation Day! The event will take place at the beautiful Caledon East Community Complex, 6215 Old Church Road, Caledon East, L7C 1J7.

If you are an unpaid caregiver who provides mental, physical, or emotional support to a family member, friend, or neighbour residing in Dufferin County or Town of Caledon, come join our wonderful community.

More than 8.1 million Canadians over the age of 15 are unpaid caregivers, according to Statistics Canada. This is a figure that is only estimated to grow. Caregivers in the Hills, a program created by Hills of Headwaters Collaborative Ontario Health Team, will host unpaid caregivers in the community, providing much-needed recognition, respite and resources to those who dedicate themselves to the care of others.

The event will feature music, local resources, lunch and refreshments, speakers, and more.

Monday, June 24, 2024

Caledon Seniors Centre - Weekly Satellite Program - Caledon East

Date and Time: Monday, June 24 9:00 am - 3:00 pm

Address: 6215 Old Church Rd. Caledon East, ON

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm until Monday, June 26, 2023

Caledon East Community Complex, Lions Den Room – Every Thursday from 9:00 am – 3:00pm from July 6 to August 31, 2023

Caledon East Community Complex, Lions Den Room – Every Monday from 9:00 am – 3:00 pm from September 11, 2023 to August 26, 2024

For more information contact 905-951-6114 or 905-586-6114 cell phone.

Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programing fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$9.00.

Program is moving back to Mondays @ the Lions Den starting in 2023.

Tuesday, June 25, 2024

Seniors Month - Dementia Experience Program with Alzheimer Society Peel

Date and Time: Tuesday, June 25 1:00 pm - 4:00 pm

Address: 150 Queen St S, Bolton, ON L7E 1E3

An Interactive session that allows participants to step into the shoes of someone with dementia to experience the challenges that are faced when attempting to carry out every day simple tasks. Participants put on equipment that simulates having dementia and attempt to do hands-on tasks.

Alzheimer Society Peel works with all service providers and levels of government to ensure that optimum health and social services are provided for persons with Alzheimer's disease and their families in the Region of Peel.

Tuesday June 25 | 1 – 4 p.m.

Albion Bolton Community Centre – Auditorium (150 Queen St. S, Bolton)

Registration Required by June 21

[Click Here to Register for the Dementia Experience Program](#)

Wednesday, June 26, 2024

Caledon Seniors Centre - Weekly Satellite Program - Southfields

Date and Time: Wednesday, June 26 11:00 am - 3:00 pm

Address: 225 Dougall Ave, Caledon, ON L7C 3M7

Looking for something to do?

Join the Caledon Seniors Centre at one of the Satellite locations weekly!

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm until Wednesday, June 28, 2023

South Asian Social – Outdoor gathering (still trying to determine which park we will be gathering in) from July 5 to August 30, 2023

Southfields Recreation Centre – South Asian Social Every Wednesday from 11:00 am to 3:00 pm from September 6, 2023 to June 26, 2024

For more information contact 905-951-6114 or 905-586-6114 cell phone.

Email satelliteprogram@caledonseniors.ca or drop by and say hello when we are in your neighbourhood.

Membership Fee is free. Programming fee is \$ 3.00 per program. Lunch cost \$ \$7.00 Costs for special lunches \$ 9.00

Thursday, June 27, 2024

Seniors Month - High Tea with Caledon Community Services

Date and Time: Thursday, June 27 11:00 am - 12:00 pm

Address: 55 Healey Road, Bolton

Come out for a fun filled afternoon fit for a queen or king at the exchange. In celebration of Seniors Month with Caledon Community Services is hosting a high tea with food, entertainment and to learn how to make your own fastenator.

Caledon Community Services provides a wide range of services and supports for older adults, caregivers and support workings including weekly wellness programs, the Caledon Specialist Clinic, Transitional Care, Transportation Supports, Assisted Living, and Seniors Helping Seniors Programs.

Thursday June 27 | 11 a.m. – 12 p.m.

The Exchange – Bolton ([55 Healey Road](#))

Registration Required | Call Caledon Community Services at 905-584-2300 x. 273 by June 20 to register.

Dance Workshop for Kids

Date and Time: Thursday, June 27 6:00 pm - 7:00 pm

Address: Southfields Community Center

Dance Workshop for Kids

Get ready to twirl, groove, and have a blast at our exciting Bollywood Dance Workshop for Kids! This fun-filled event is designed for children aged 5-14 who are eager to learn the vibrant and energetic dance moves.

Event Highlights:

- **Choreography Session:** Shreya Das, our experienced dance instructor will teach a fun and easy-to-follow Bollywood dance routine that kids can perform.
- **Dance Games and Activities:** Engage in interactive games and activities that make learning dance even more enjoyable.
- **Performance Opportunity:** At the end of the workshop, children will have the chance to showcase their new dance skills in a mini-performance for parents and guardians.
- Registration link: bit.ly/Shreya-danceart

Friday, June 28, 2024

Movies in the Park

Date and Time: Friday, June 28 9:30 pm

Address: Please visit the website for locations and addresses

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<https://calendar.caledon.ca>