

# June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 2:00 pm Seniors Month - Paint and Sip with Caring Touch Home Health	4 6:00 pm Community Traffic Safety Meeting - Bolton	5	6 1:00 pm Seniors Month - Healthy Aging Series for Seniors with Dr. Shilpi Gupta	7 8:00 am Bike The Creek 8:00 am The Princess Margaret Ride to Conquer Cancer 1:00 pm Seniors Month - Hiking 101 with Caledon Hills Bruce Trail Club
8	9 10:00 am Seniors Month - Senior Shopping Event at Evolve   Caledon Community Services	10 12:00 pm Seniors Month - Eat Local Caledon! With PUCK and ecoCaledon 12:30 pm Seniors Month - African Drumming Performance and Lunch with Vison of Hope Resource Centre	11 6:00 pm Community Traffic Safety Meeting - Alton Legion	12 2:30 pm Seniors Month - Coffee and Crafting for Seniors - Pressed Flowers 7:30 pm Seniors Month - Yoga - Try-It	13 10:00 am Seniors Expo and Springfest Luncheon 1:00 pm Seniors Month - Healthy Aging Series for Seniors with Dr. Shilpi Gupta	14 7:30 am Velocity Ride for Seniors 2:00 pm Caledon Day
15	16 10:45 am Seniors Month - Body in Balance - Try-It 1:00 pm Seniors Month - Sing Yourself Healthy with Julia's Place Music Therapy 5:30 pm BPW Brampton Caledon Charity Golf Tournament 2025	17 12:00 pm Seniors Month - Country Line Dance Party and Luncheon with Caledon Meals on Wheels	18	19 11:00 am Seniors Month - Celebrate the Cultural Diversity of South Asian Countries   Malton Women Council	20 9:30 am "FIT FOR LIFE" WELLNESS EXPO 1:00 pm Seniors Month - Healthy Aging Series for Seniors with Dr. Shilpi Gupta	21
22	23	24 10:00 am Summit on Aging   Peel Council on Aging	25 7:00 pm Caledon Community Services 2024/2025 Annual General Meeting	26 12:00 pm Seniors Month - Nordic Pole Walking - Try-It 2:00 pm Seniors Month - Afternoon Strawberry Social with Caledon Seniors Centre 6:00 pm Indigenous Storytelling and Poetry by Gimaa R. Stacey Laforme	27 1:00 pm Seniors Month - Healthy Aging Series for Seniors with Dr. Shilpi Gupta 2:00 pm Seniors Month - Zentangle Workshop 101 for Seniors	28 1:30 pm Seniors Month - Qi Gong - Try-It

				6:00 pm An Evening of Indigenous Story Telling and Poetry		
29	30 12:00 pm Seniors Month - Chair Yoga - Try It					

<https://calendar.caledon.ca>