

Monday, June 1, 2026

FREE Lane Swim (Swimming)

Date and Time: Monday, June 1 7:30 am - 10:30 am

Address: Mayfield Recreation Complex (12087 Bramalea Rd, Caledon East, ON L7C 2P9)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Sit & Get Fit (Fitness)

Date and Time: Monday, June 1 8:00 am - 9:00 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Seniors Month - FREE Still Life Drawing Workshop with Peel Art Gallery, Museum and Archives (PAMA)

Date and Time: Monday, June 1 1:00 pm - 3:00 pm

Address: 6215 Old Church Road, Caledon East

Join the Peel Art Gallery, Museum and Archives (PAMA) for a guided still life session. Featuring objects from the PAMA handling collection, participants will work directly from observation while experimenting with a variety of drawing techniques to create a mixed media still life.

June 1 | 1 – 3 p.m.

**Caledon East Community Complex – Lion’s Den (Lower Level) ([6215 Old Church Rd, Caledon East](#))
Limited Spaces Available.**

[Click Here to Register](#)

Need assistance registering? Please call 311, and a representative will be happy to help.

[The Peel Art Gallery, Museum and Archives \(PAMA\)](#) is a museum, art gallery, and archives for the Regional Municipality of Peel and are located in Brampton, Ontario, Canada. Previously, it was the Peel Heritage Complex.

FREE Gymnasium Walking Circuit (Fitness)

Date and Time: Monday, June 1 1:00 pm - 1:55 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Tuesday, June 2, 2026

FREE Walk & Sculpt (Fitness)

Date and Time: Tuesday, June 2 10:15 am - 11:10 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Adapted Swim (Swimming)

Date and Time: Tuesday, June 2 5:00 pm - 6:00 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Core & Lower Body Conditioning (Fitness)

Date and Time: Tuesday, June 2 6:30 pm - 7:25 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Adult 55+ Circuit (Fitness)

Date and Time: Wednesday, June 3 10:30 am - 11:25 am

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Hills of Headwaters Collaborative OHT - Care Days

Date and Time: Wednesday, June 3 11:30 am - 3:30 pm

Address: 275 Alder Street, Orangeville On

Care Days are free events that bring many different health and social services together in one place. If you do not have a regular doctor or need help with things like housing, food access, mental health supports and more, you can stop by to talk to experts all at once. Everyone is welcome, no appointment is needed, and we are here to make sure you get the support you need in a safe and friendly way.

Upcoming Dates:

Thursday, May 21, 2026 from 3:30 p.m. to 6:30 p.m. – Albion Community Centre, 150 Queen Street South, Bolton, ON

Wednesday, June 03, 2026 from 11:30 a.m. to 3:30 p.m. – Alder Street Recreation Centre, 275 Alder Street, Orangeville, ON – Senior's Care Day

Tuesday, June 09, 2026 from 9:30 a.m. to 1 p.m. – Caledon Seniors' Centre, 7 Rotarian Way, Bolton, ON – Senior's Care Days

Some of the Services that may be available:

- Mental Health Supports
- Supports for Safe and Healthy Relationships
- Housing Supports
- Community Supports for Seniors
- Caregiver Supports
- Foot Care
- Nutrition and Diabetes Specialists
- Addiction Supports
- Employment
- Much more!

FREE Gymnasium Walking Circuit (Fitness)

Date and Time: Wednesday, June 3 1:00 pm - 1:55 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Low Impact Total Body (Fitness)

Date and Time: Wednesday, June 3 5:00 pm - 5:55 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Thursday, June 4, 2026

Seniors Month - FREE Connections to Care for Seniors hosted by Caledon Community Services

Date and Time: Thursday, June 4 10:00 am - 2:00 pm

Address: 55 Healey Road, Unit 10, Bolton

Get connected to trusted services and providers that can make everyday life easier, safer and more enjoyable.

Whether you're planning ahead or need support now, we're here to help with: Health and Wellness, Home Care and Assisted Living, Transportation, Food Support and Volunteering.

Connections to Care for Seniors hosted by Caledon Community Services

June 4 | 1- a.m. - 2 p.m.

The Exchange (55 Healey Rd, Unit 10, Bolton)

event includes:

- one-on-one info sessions
- take-home resources
- blood pressure clini
- light refreshments

RSVP 905-584-2300 x202 or text "Connection" to 416-459-8401 with your first and last name

FREE Public Swim (Swimming)

Date and Time: Thursday, June 4 5:00 pm - 5:55 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Seniors Month - FREE Navigating Ancestry's Database with Melissa J. Ellis and Caledon Public Library

Date and Time: Thursday, June 4 6:30 pm - 8:30 pm

Address: 150 Queen Street, Bolton

Join Genealogist Melissa J. Ellis in this introduction workshop that navigates Ancestry's Library Edition database. The workshop will take an in-depth look at using CPL's library's Ancestry website for genealogical research. There are differences in format from the Library Edition and a personal subscription of Ancestry. Melissa will demonstrate these differences and the results that will further our research and move us back in time.

June 4 | 6:30 - 8:30 p.m.

Albion Bolton Library Branch (150 Queen Street South, Bolton, ON)

[Click Here to Register](#)

Ancestry Library Edition is a specialized version of the popular genealogy website that is provided for free to the public through participating Canadian library systems.

[Click Here for More Information](#)

Friday, June 5, 2026

FREE Chair Yoga (Fitness)

Date and Time: Friday, June 5 12:00 pm - 12:55 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Saturday, June 6, 2026

Planning For Trees Workshop

Date and Time: Saturday, June 6 10:00 am - 12:00 pm

Address: 15526 Heart Lake Rd., Caledon, ON, L7C 2L2

We'll show you how to choose the best trees for your property to enhance your laneway, trails, paddock, pond or any other features of your land. At this hands-on workshop, you'll discover:

- Our services
- Tree planting grants
- Ways to improve your property

Come prepared with questions, we'll have a Q&A and activity where you'll learn about planning for tree planting. We'll also offer property-specific advice after the event. Register for this workshop before 12 p.m. on June 3.

This event is supported by [Trees For Life](#).

This event is subject to change or cancellation. To stay current on event changes or cancellations, [visit our website](#). We will make efforts to contact registrants via email if the status of this event changes or is cancelled.

Seniors Month - FREE Celebrate International Trails Day with Caledon Hills Bruce Trail Club, Alton Grange Association and Caledon Public Library

Date and Time: Saturday, June 6 1:00 pm - 3:00 pm

Address: 35 Station Street, Alton

Join Caledon Hills Bruce Trail Club and Alton Grange Association for a Hike 101 featuring visual presentations, hiking tips, giveaways and guided nature hunt.

Special guest: Caledon author Nicola Ross. Learn about local trails and Canada's famous 900 km Bruce Trail.

June 6 | 1 - 3 p.m.

Alton Library Branch (35 Station Street, Caledon, ON)

[Click Here to Register](#)

[The Caledon Hills Bruce Trail Club](#) is a volunteer-based organization dedicated to building, maintaining, and protecting the Bruce Trail as it passes through the Caledon region, while promoting responsible outdoor recreation and environmental stewardship.

[The Alton Grange Association](#) is a community organization focused on preserving and animating the historic Alton Grange property as a cultural and gathering space, supporting local arts, heritage programming, and community events. Both organizations play an important role in fostering community engagement, protecting natural and cultural heritage, and providing opportunities for residents to connect with Caledon's unique landscape and history.

FREE Adapted Public Skate (Skating)

Date and Time: Saturday, June 6 4:00 pm - 5:00 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

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on.ca/dropin.

FREE Lane Swim (Swimming)

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Sunday, June 7, 2026

FREE Public Skate (Skating)

Date and Time: Sunday, June 7 2:30 pm - 3:50 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

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Monday, June 8, 2026

FREE Sit & Get Fit (Fitness)

Date and Time: Monday, June 8 8:00 am - 9:00 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

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Seniors Month - FREE Breath + Sound: A Guided Wellness Experience with FirstLight Home Care

Date and Time: Monday, June 8 1:00 pm - 3:00 pm

Address: 15825 McLaughlin Road, Inglewood

This guided session combines breathwork (pranayama) and sound healing meditation to support stress management, emotional regulation, and overall relaxation. Participants will be guided through intentional breathing techniques followed by a restorative sound bath experience using healing vibrations. The session is designed to provide a moment of pause, helping individuals unwind, reset, and leave with practical self-care tools they can incorporate into daily life.

Facilitated by: Rebecca Manankil – Multidisciplinary Alternative Wellness Practitioner

June 8 | Inglewood Community Centre and Library (15825 McLaughlin Road, Caledon, ON)

Session 1: 1 - 1:30 p.m.

[Click Here to Register](#)

Session 2: 2 - 2:30 p.m.

[Click Here to Register](#)

Registration is limited | Participants are encouraged to wear comfortable clothes and bring their own mats - for those unable to lay on floor, chair options are available.

Please arrive prior to the session start time, as there will be no admittance once the experience has begun.

Need assistance registering? Please call 311, and a representative will be happy to help.

FirstLight Home Care provides personalized, non-medical in-home care for seniors, adults with disabilities, and those recovering from surgery. Services include personal care (bathing, hygiene, mobility) and companion care (meals, light housekeeping, transportation, errands). They focus on promoting independence and dignity in home settings, offering specialized dementia care and respite care for families.

FREE Gymnasium Walking Circuit (Fitness)

Date and Time: Monday, June 8 1:00 pm - 1:55 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

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Tuesday, June 9, 2026

Hills of Headwaters Collaborative OHT - Care Days

Date and Time: Tuesday, June 9 9:30 am - 1:00 pm

Address: 7 Rotarian Way, Bolton

Care Days are free events that bring many different health and social services together in one place. If you do not have a regular doctor or need help with things like housing, food access, mental health supports and more, you can stop by to talk to experts all at once. Everyone is welcome, no appointment is needed, and we are here to make sure you get the support you need in a safe and friendly way.

Upcoming Dates:

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Tuesday, June 09, 2026 from 9:30 a.m. to 1 p.m. – Caledon Seniors’ Centre, 7 Rotarian Way, Bolton, ON – Senior’s Care Days

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- Mental Health Supports
- Supports for Safe and Healthy Relationships
- Housing Supports
- Community Supports for Seniors
- Caregiver Supports
- Foot Care
- Nutrition and Diabetes Specialists
- Addiction Supports
- Employment
- Much more!

FREE Walk & Sculpt (Fitness)

Date and Time: Tuesday, June 9 10:15 am - 11:10 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

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FREE Basketball (Sports)

Date and Time: Tuesday, June 9 2:45 pm - 4:15 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

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FREE Core & Lower Body Conditioning (Fitness)

Date and Time: Tuesday, June 9 6:30 pm - 7:25 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

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Wednesday, June 10, 2026

FREE Low-Impact Swim (Swimming)

Date and Time: Wednesday, June 10 10:30 am - 11:25 am

Address: Southfields Community Centre (225 Dougall Ave, Caledon, ON L7C 3M7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Adult 55+ Circuit (Fitness)

Date and Time: Wednesday, June 10 10:30 am - 11:25 am

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Gymnasium Walking Circuit (Fitness)

Date and Time: Wednesday, June 10 1:00 pm - 1:55 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Low-Impact Total Body (Fitness)

Date and Time: Wednesday, June 10 5:00 pm - 5:55 pm

Address: Southfields Community Centre (225 Dougall Ave, Caledon, ON L7C 3M7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are**

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Thursday, June 11, 2026

FREE Parent and Child Skate (Skating)

Date and Time: Thursday, June 11 10:30 am - 11:50 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Seniors Month - FREE Seniors Social Circle presenting Julia's Place Music Therapy Centre at Caledon Public Library

Date and Time: Thursday, June 11 2:30 pm - 3:30 pm

Address: 225 Dougall Ave, Caledon

Join our Seniors Social Circle! Enjoy fun activities, guest speakers, great conversation, and light refreshments in a welcoming space. Come connect, learn, and make new friends!

June 11 | 2:30 - 3:30 p.m.

Southfield Village Library Branch ([225 Dougall Ave.](#) (inside the Southfields Community Centre) Caledon, ON)

[Click Here to Register](#)

[Julia's Place Music Therapy Centre](#) is a specialized clinic in Brampton, Ontario, that provides Neurologic Music Therapy® (NMT) and mental health services

Friday, June 12, 2026

FREE Chair Yoga (Fitness)

Date and Time: Friday, June 12 12:00 pm - 12:55 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Seniors Month - FREE Connect with Art with Art as Therapy and Caledon Public Library

Date and Time: Friday, June 12 1:00 pm - 2:30 pm

Address: 6215 Old Church Road, Caledon East

Explore creativity in a warm, supportive space. This seniors art program uses art as therapy to build connection, express emotions, discover strengths, and support well-being through guided creative activities.

June 12 | 1 - 2:30 p.m.

Caledon East Library Branch ([6215 Old Church Rd, Caledon East](#))

[Click Here to Register](#)

[Art as Therapy](#) provides Art Therapy, Drama Therapy, Expressive Arts Therapy & talk psychotherapy for children, youth, their caregivers and adults of all ages online and in person.

Saturday, June 13, 2026

Bike the Creek 2026

Date and Time: Saturday, June 13 6:30 am - 2:00 pm

Address: Jim Archedekin Recreation Centre, 292 Conestoga Dr. Brampton L6Z 3M1

Bike the Creek is a **FREE** event designed to inspire people of all ages and abilities to discover the joy of cycling.

More than just a ride, Bike the Creek is a community-driven celebration of active transportation, healthy living, and environmental sustainability.

Since launching in 2014, the event has been proudly organized in partnership with BikeBrampton, Toronto and Region Conservation Authority (TRCA), City of Brampton, Town of Caledon, Peel Region, and City of Mississauga.

Each year, more than 1,000 cycling enthusiasts take part, supported by over 50 dedicated volunteers, making Bike the Creek a signature event in our region.

As part of our commitment to sustainability, we encourage all participants to bring a **reusable water bottle** to help reduce waste.

Our theme highlights the integration of cycling infrastructure to connect neighbourhoods, promote accessibility, and foster unity.

Seniors Month - FREE Treasure or Trinket? Antique Appraisal Event with Caledon Public Library

Date and Time: Saturday, June 13 1:00 pm - 3:00 pm

Address: 6215 Old Church Road, Caledon East

Bring in your treasures—whether cherished keepsakes, quirky collectibles, or mysterious attic finds—for a fun Antique Roadshow–style appraisal event. Treasure Antique & Appraisals of Burlington will be on hand to assess the value of your prized possessions.

Registration required for appraisal (2 items each) or register as audience member.

June 13 | 1 - 3 p.m.

Caledon East Library Branch ([6215 Old Church Rd, Caledon East](#))

[Click Here to Register](#)

[Treasure Antique & Appraisers](#) is a family-operated business in Burlington, Ontario, that specializes in buying, selling, and appraising antiques, fine art, and collectibles. Run by Alex, the shop is highly rated for its responsive customer service and expertise in high-calibre items like silver, rugs, and porcelain.

Monday, June 15, 2026

FREE Sit & Get Fit (Fitness)

Date and Time: Monday, June 15 8:00 am - 9:00 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Gymnasium Walking Circuit (Fitness)

Date and Time: Monday, June 15 1:00 pm - 1:55 pm

Address: Caledon Centre for Recreation and Wellness (14111 Hwy 50, Bolton, ON L7E 2V2)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

Tuesday, June 16, 2026

FREE Walk & Sculpt (Fitness)

Date and Time: Tuesday, June 16 10:15 am - 11:15 am

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

FREE Public Skate (Skating)

Date and Time: Tuesday, June 16 1:15 pm - 2:35 pm

Address: Caledon East Community Complex (6215 Old Church Rd, Caledon East, ON L7C 1J7)

This free drop-in activity is part of June is Recreation and Parks Month in Caledon. **Activities and schedules are subject to change without notice.** Check the [Drop-In Schedule](#) for the most up-to-date information. Pre-registration is recommended for qualifying activities. Learn more about registering for drop-in activities at caledon.ca/dropin.

World Elder Abuse Awareness Day (WEAAD) - Flag Raising

Date and Time: Tuesday, June 16 2:00 pm

Address: 6311 Old Church Road

World Elder Abuse Awareness Day (WEAAD) is observed annually on June 15 to raise awareness about the abuse, neglect, and exploitation of older adults, promoting their rights to safety and dignity. Established in 2006 by the INPEA and recognized by the UN, the day features global events like workshops, purple-themed awareness campaigns, and educational initiatives.

Town of Caledon Flag Raising

June 16 | 2 p.m.

Town Hall ([6311 Old Church Road](#))

Join the Town in raising the WEAAD flag in recognition of World Elder Abuse Awareness Day on June 15.

The flag raising will take place on June 16 at 2:00 p.m. outside Town Hall.

Seniors Month - FREE Paint and Sip with Caring Touch Home Health

Date and Time: Tuesday, June 16 2:00 pm - 4:00 pm

Address: 20 Snelcrest Drive, Caledon

Join Caring Touch Home Health Care for a fun and relaxing Paint & Sip event! Enjoy a guided, beginner-friendly painting session, sip on delicious non-alcoholic mocktails, and indulge in light snacks while creating your masterpiece. It's the perfect way to unwind, socialize, and get creative with friends.

June 16 | 2 - 4 p.m.

Margaret Dunn Valleywood Community Room and Library ([20 Snelcrest Drive, Caledon, ON](#))

[Click Here to Register](#)

Need assistance registering? Please call 311, and a representative will be happy to help.

[Caring Touch Home Health Care](#) offers Personal Support Work, Nursing, Live-In Care, and Physiotherapy to help individuals live comfortably at home. We also provide medical supplies and equipment and run the Flourish Adult Day Program in Vaughan to support seniors' well-being. Our compassionate team is dedicated to enhancing independence, dignity, and quality of life of seniors.

Thursday, June 18, 2026

Succession Planning for Small Business

Date and Time: Thursday, June 18 9:00 am - 10:30 am

Address: 200 Lakeview Crt (Upper level) Orangeville, ON L9W 5J7

Who should attend?

Established small business owners who are considering selling their business, looking to retire, or pursue new challenges.

What to expect?

Selling your business is one of the most important decisions you will make. Ideal for established entrepreneurs, participants will learn how taking the right early steps can help transition your business on your terms.

This workshop will offer insights into:

- Timeline planning
- Business pricing strategies
- How to minimize tax liabilities and expenses
- Exit options

The session will be led by Mark Jamieson, Small Business Officer of the Orangeville and Area Small Business Enterprise Centre.

[Register Here](#)

Seniors Month - FREE Seniors Talent Show with Malton Women Council

Date and Time: Thursday, June 18 11:00 am - 2:00 pm

Address: 225 Dougall Ave, Caledon

Join the Malton Women Council for a Seniors Talent Show celebrating the creativity, skills, and talents of older adults in the community. This engaging event will showcase a variety of performances, offering participants an opportunity to share their talents in a supportive and welcoming environment.

Come out to enjoy an afternoon of entertainment, community connection, and celebration of the diverse abilities

s and experiences of local seniors. All are welcome to attend and show their support.

June 18 | 11 a.m. - 1:30 p.m.

Southfield Community Centre ([225 Dougall Ave, Caledon, ON](#))

[Click Here for More Information](#)

The [Malton Women Council](#) is a community-based organization in Mississauga that supports and empowers women, seniors, and families—particularly within diverse and newcomer communities. It delivers culturally responsive programs and services focused on social inclusion, settlement support, skills development, and community engagement.

Seniors Month - FREE Strawberry Social with Caledon Seniors Centre

Date and Time: Thursday, June 18 2:00 pm - 4:00 pm

Address: 7 Rotarian Way, Bolton

The annual Strawberry Social with the Caledon Seniors Centre is a longstanding community gathering that brings older adults together to enjoy an afternoon of seasonal treats, social connection, and entertainment. Featuring fresh strawberries, refreshments, and entertainment, the event provides a welcoming opportunity for seniors to engage with peers, build friendships, and strengthen community ties. It continues to be a popular tradition that celebrates community spirit and supports active, social aging in Caledon.

June 18 | 2 - 4 p.m.

Caledon Seniors Centre - Rotary Place ([7 Rotarian Way, Bolton, ON](#))

To Register Please Call 905-951-6114

[The Caledon Seniors Centre](#) is a community organization dedicated to supporting the health, well-being, and social engagement of older adults in Caledon. It offers a variety of recreational, educational, and wellness programs designed to promote active living and social connection among seniors. Through activities, events, and volunteer opportunities, the Centre helps reduce social isolation, fosters community involvement, and provides a welcoming space for older adults to stay engaged, informed, and connected.

Friday, June 19, 2026

"Fit for Life" Wellness Expo

Date and Time: Friday, June 19 9:30 am - 12:30 pm

Address: 7 Rotarian Way, Bolton

Discover an event focused on health, wellness and lifestyle solutions tailored for today's mature adults

Enjoy a FREE Lunch, variety of exhibitors, guest speakers, program demonstrations, prizes and much more.

Presented by Golden Transitions Consulting.

Saturday, June 20, 2026

Velocity Ride for Seniors

Date and Time: Saturday, June 20 7:30 am - 12:30 pm

Address: Caledon East Park 6101 Old Church Rd, Caledon East, ON L7C 1G6

Ride Caledon's Hills for the Seniors in our lives -- Fuel accessible transportation for Caledon's Seniors

A ride for all ages at any speed.

- Ride scenic 10, 25 or 50 km routes
- Check out the new 25 km gravel route
- Chart your own path

Plus enjoy: Lunch, nourishing rest stops, prizes, swag table, event t-shirt + more...

Saturday, June 27, 2026

Pride Family Picnic

Date and Time: Saturday, June 27 12:00 pm - 2:00 pm

Address: 6125 Old Church Road, Caledon East

IDEA Caledon is excited to invite you to our **Pride Family Picnic in the Park**, a fun, inclusive event for all ages!

Bring your picnic blanket, lawn chairs, and creativity, and join us for an afternoon filled with family-friendly activities, games, food, and entertainment. Best of all, entry is free!

Event Details:

Saturday, June 27
12:00 PM – 2:00 PM
Caledon East Park
6125 Old Church Road, Caledon East

Come celebrate community, connection, and Pride in a welcoming and joyful outdoor setting. We look forward to seeing you there!

<https://calendar.caledon.ca>