

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>7:30 am FREE Lane Swim (Swimming)</p> <p>8:00 am FREE Sit & Get Fit (Fitness)</p> <p>1:00 pm Seniors Month - FREE Still Life Drawing Workshop with Peel Art Gallery, Museum and Archives (PAMA)</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p>	<p>2</p> <p>10:15 am FREE Walk & Sculpt (Fitness)</p> <p>5:00 pm FREE Adapted Swim (Swimming)</p> <p>6:30 pm FREE Core & Lower Body Conditioning (Fitness)</p>	<p>3</p> <p>10:30 am FREE Adult 55+ Circuit (Fitness)</p> <p>11:30 am Hills of Headwaters Collaborative OHT - Care Days</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p> <p>5:00 pm FREE Low Impact Total Body (Fitness)</p>	<p>4</p> <p>10:00 am Seniors Month - FREE Connections to Care for Seniors hosted by Caledon Community Services</p> <p>5:00 pm FREE Public Swim (Swimming)</p> <p>6:30 pm Seniors Month - FREE Navigating Ancestry's Database with Melissa J. Ellis and Caledon Public Library</p>	<p>5</p> <p>12:00 pm FREE Chair Yoga (Fitness)</p>	<p>6</p> <p>10:00 am Planning For Trees Workshop</p> <p>1:00 pm Seniors Month - FREE Celebrate International Trails Day with Caledon Hills Bruce Trail Club, Alton Grange Association and Caledon Public Library</p> <p>4:00 pm FREE Adapted Public Skate (Skating)</p> <p>5:00 pm FREE Lane Swim (Swimming)</p>
<p>7</p> <p>2:30 pm FREE Public Skate (Skating)</p>	<p>8</p> <p>8:00 am FREE Sit & Get Fit (Fitness)</p> <p>1:00 pm Seniors Month - FREE Breath + Sound: A Guided Wellness Experience with FirstLight Home Care</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p>	<p>9</p> <p>9:30 am Hills of Headwaters Collaborative OHT - Care Days</p> <p>10:15 am FREE Walk & Sculpt (Fitness)</p> <p>2:45 pm FREE Basketball (Sports)</p> <p>6:30 pm FREE Core & Lower Body Conditioning (Fitness)</p>	<p>10</p> <p>10:30 am FREE Low-Impact Swim (Swimming)</p> <p>10:30 am FREE Adult 55+ Circuit (Fitness)</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p> <p>5:00 pm FREE Low-Impact Total Body (Fitness)</p>	<p>11</p> <p>10:30 am FREE Parent and Child Skate (Skating)</p> <p>2:30 pm Seniors Month - FREE Seniors Social Circle presenting Julia's Place Music Therapy Centre at Caledon Public Library</p>	<p>12</p> <p>12:00 pm FREE Chair Yoga (Fitness)</p> <p>1:00 pm Seniors Month - FREE Connect with Art with Art as Therapy and Caledon Public Library</p>	<p>13</p> <p>6:30 am Bike the Creek 2026</p> <p>1:00 pm Seniors Month - FREE Treasure or Trinket? Antique Appraisal Event with Caledon Public Library</p>
<p>14</p>	<p>15</p> <p>8:00 am FREE Sit & Get Fit (Fitness)</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p>	<p>16</p> <p>10:15 am FREE Walk & Sculpt (Fitness)</p> <p>1:15 pm FREE Public Skate (Skating)</p> <p>2:00 pm Seniors Month - FREE Paint</p>	<p>17</p> <p>7:30 am FREE Lane Swim (Swimming)</p> <p>10:30 am FREE Adult 55+ Circuit (Fitness)</p> <p>1:00 pm FREE Gymnasium Walking Circuit (Fitness)</p>	<p>18</p> <p>9:00 am Succession Planning for Small Business</p> <p>11:00 am Seniors Month - FREE Seniors Talent Show with Malton Women Council</p>	<p>19</p> <p>9:30 am "Fit for Life" Wellness Expo</p> <p>11:15 am FREE Badminton (Sport)</p> <p>12:00 pm FREE Chair Yoga (Fitness)</p>	<p>20</p> <p>7:30 am Velocity Ride for Seniors</p> <p>2:30 pm FREE Lane Swim (Swimming)</p>

		and Sip with Caring Touch Home Health 2:00 pm World Elder Abuse Awareness Day (WEAAD) - Flag Raising	5:00 pm FREE Low-Impact Total Body (Fitness)	2:00 pm Seniors Month - FREE Strawberry Social with Caledon Seniors Centre 2:45 pm FREE Badminton (Sport)		
21 8:00 am FREE Lane Swim (Swimming)	22 8:00 am FREE Sit & Get Fit (Fitness) 1:00 pm FREE Gymnasium Walking Circuit (Fitness) 3:30 pm FREE Badminton (Sport)	23 8:00 am FREE Lane Swim (Swimming) 10:15 am FREE Walk & Sculpt (Fitness) 6:30 pm FREE Core & Lower Body Conditioning (Fitness)	24 10:30 am FREE Adult 55+ Circuit (Fitness) 1:00 pm FREE Gymnasium Walking Circuit (Fitness) 5:00 pm FREE Low-Impact Total Body (Fitness) 7:30 pm FREE Public Swim (Swimming)	25 4:30 pm FREE Volleyball (Sport)	26 12:00 pm FREE Chair Yoga (Fitness) 7:30 pm FREE Public Swim (Swimming)	27 12:00 pm Pride Family Picnic
28 7:00 am FREE Pickleball (Sport)	29 8:00 am FREE Sit & Get Fit (Fitness) 1:00 pm FREE Gymnasium Walking Circuit (Fitness)	30 6:30 am FREE Lane Swim (Swimming) 10:15 am FREE Walk & Sculpt (Fitness) 6:30 pm FREE Core & Lower Body Conditioning (Fitness)				