

July 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|---|---|---|---|----------|
| | | 1 | 2 5:00 pm Introduction to Diabetes & Pre- Diabetes 5:00 pm Introduction to Diabetes & Pre- Diabetes | 3 5:00 pm Caledon Music Festival 2025: A journey into Cabaret and Broadway 6:00 pm Music in the Park | 4 1:00 pm Seniors Month - Healthy Aging Series for Seniors with Dr. Shilpi Gupta | 5 |
| 6 | 7 | 8 | 9 | 10 6:00 pm Music in the Park | 11 9:30 am Food and Friends: 55+ Social Breakfast Program | 12 |
| 13 2:00 pm Summer Sizzler Golf Tournament | 14 | 15 | 16 11:45 am CSC - Special Lunch | 17 6:00 pm Music in the Park 7:00 pm Downsizing And Lifestyles Information Event | 18 9:30 am Food and Friends: 55+ Social Breakfast Program | 19 |
| 20 | 21 | 22 | 23 | 24 6:00 pm Music in the Park | 25 9:30 am Food and Friends: 55+ Social Breakfast Program 5:15 pm CSC - Monthly Dinner | 26 |
| 27 | 28 | 29 1:00 pm Generations in the Kitchen | 30 | 31 6:00 pm Music in the Park | | |